

The Mid-Hudson Lactation Consortium and Maternal-Infant Services Network, Inc.
present their 22nd annual breastfeeding education conference:

Birth and Breastfeeding Matter: It Takes a Village, Part 2



Kathy Kendall-Tackett, PhD, IBCLC; Denise Bolds, MSW, CD; Sheree Holmes Keitt, MPH

Tuesday, May 3, 2016

7:30 AM—4:30PM

Anthony's Pier 9

2975 Route 9W South New Windsor, NY 12553 www/piernine.com 845-565-3390



About our presenters

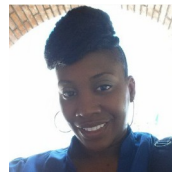
Dr. Kendall-Tackett is a health psychologist, an International Board Certified Lactation Consultant, and the Owner and Editor-in-Chief of [Praeclarus Press](http://PraeclarusPress.com), a small press specializing in women's health. Dr. Kendall-Tackett is Editor-in-Chief of two peer-reviewed journals, *Clinical Lactation* and *Psychological Trauma*, Fellow of the American Psychological Association in Health and Trauma Psychology, and Past President of the APA Division of Trauma Psychology. She is a Clinical Professor of Nursing at the University of Hawai'i at Manoa, Clinical Associate Professor of Pediatrics at the Texas Tech University School of Medicine in Amarillo, Texas, and Research Associate at the Crimes against Children Research Center at the University of New Hampshire.



K. Kendall-Tackett



D. Bolds



S. Keitt

Denise Bolds is an MSW social worker and DONA certified birth doula. She sits on several boards in her community and she is in the process of managing an ICAN chapter in her community. Ms. Bolds is a self-published author of two books for single black mothers and she is also the host/producer of a successful internet radio show *Birthing While Black* and has over 100,000 listeners since 2009. Ms. Bolds is also a public speaker/presenter. Her latest presentation is in New Orleans March 2016 at the National Association of Black Social Workers Conference where she will present on black maternal health disparities. Denise supports hospital and home births of both private clients and low-income clients and her specialties are VBAC's, high-risk cases and same-sex partners.

Sheree Holmes Keitt, MPH is the Program Analyst for the Breastfeeding Project at the National Association of County and City Health Officials (NACCHO) in Washington, DC.

Who Should Attend

IBCLC lactation consultants, nurses, pediatricians, obstetricians, family practice physicians, neonatologists, midwives, La Leche League Leaders, childbirth educators, doulas, WIC breastfeeding peer counselors, CLC lactation counselors and educators, WIC and home visitor staff, nutritionists, dieticians, parenting educators and other health care and human service providers who counsel and support birthing and breastfeeding families. Aspiring lactation consultants are encouraged to attend.

Objectives

Upon completion of this program participants will be able to:

- To describe the history of the black woman in reproductive health and compare with trends of current reproductive health practice, access and outcomes
- To describe the National Association of County and City Health Official's Reducing Disparities in Breastfeeding through Peer and Professional Lactation Support project
- Describe the disparities in infant mortality for ethnic-minority populations
- Identify the physiological effects of discrimination on women's health In general and during pregnancy
- Describe current policies on bedsharing practices within ethnic minority populations, and the role of unsafe sleep locations in infant mortality
- Identify three strategies that can decrease infant mortality
- Describe criteria for PTSD under DSM-V
- Describe the prevalence of traumatic birth in the US and other countries
- Identify the relationship between traumatic birth and breastfeeding
- Discuss the risk factors for traumatic birth
- Discuss risk of vicarious traumatization in HCPs who witness traumatic birth
- Discuss intervention strategies for lactation consultants
- Understand breastfeeding's role in protecting infants from the harmful effects of maternal depression and other adversities
- Describe the importance of maternal responsivity to long-term health for the baby
- Describe the role of breastfeeding in lessening the impact of the mother's previous sexual assault

Continuing Education

This activity has been submitted for approval by IBCLC for CERPs

Registration fee includes continental breakfast, lunch and afternoon snack break, syllabus, and continuing education credits. See other side for more information and registration form.

AGENDA

May 3, 2016

- 7:30 AM Registration, Continental Breakfast, Exhibits Open
- 8:15 AM Welcome Stephanie Sosnowski, BS, IBCLC
- 8:30 AM Reproductive Health of the Black Woman in the US Denise Bolds, MSW, CD (DONA)
- 9:30 AM Reducing Breastfeeding Disparities through Peer and Professional Support in Local Communities Sheree Holmes Keitt, MPH
- 10:30 AM Refreshment Break, Exhibits Open
- 11:00 AM Racial Disparities in Infant Mortality, Breastfeeding, and Sleep Practices Kathy Kendall-Tackett, PhD, IBCLC
- 12:15 PM Lunch, Exhibits Open
- 1:15 PM Birth Trauma: Causes & Consequences of Birth-Related PTSD Kathy Kendall Tackett, PhD, IBCLC
- 2:45 PM Break
- 3:00 PM Breastfeeding Makes all the Difference: Breastfeeding's Role in Resiliency and Overcoming Adversity Kathy Kendall Tackett, PhD, IBCLC
- 4:15 PM Q & A/Evaluations/Certificates Awarded
- 4:30 PM Adjourn

Registration deadline is April 25, 2016

Limited (based on available seating) on-site registration the day of the event is available for \$140 per person.

Conference Committee

- Stephanie Sosnowski, BS, IBCLC, RLC, ICCE
Conference Chair; Maternal-Infant Services Network;
Mid-Hudson Lactation Consortium Regional Coordinator
- Denise Bolds, MSW CD (DONA). Certified Birth Doula, Owner
of Bold Doula, Bold Selah, LLC
- René R. Fisher, BA, IBCLC, RLC
La Leche League, Ameda
- Johanna Hagelthorn, BS, RNC, C-EFM, IBCLC
Health Alliance of the Hudson Valley,
- Elaine Lopez, RN, CLC St. Luke's -Cornwall Hospital
- Sybil Sanchez, CLC
Sullivan County Breastfeeding Coalition; Mothers' Milk Bank
Northeast
- Deborah Vermilyea BSN, RN, IBCLC
Lactation Education Specialist, Orange Regional Medical Center
- Joan Wright RN-C, MSN, IBCLC, Supervising Public Health Nurse
Dutchess County Department of Behavioral & Community Health

Exhibitor Information: Exhibit space is available. Email renefish@gmail.com to request an application to market your products or related services. All exhibitors must comply with the International Code of Marketing of Breast-milk Substitutes. No conference funding is accepted from the makers of breast-milk substitutes. The vendor application is also available online at <http://mhlc-2016conference-exhibit-application.eventbrite.com>

Your Comfort: Room temperature will vary throughout the day. Please dress in layers; bring a jacket or sweater. Seating is first come, first seated.

Childcare will not be provided. Nursing infants in arms are welcome. Please respect the professional nature of the conference by caring for restless babies outside of the main room. A private space for pumping will be provided.

Cancellations received before April 25 will be refunded, minus a \$15 handling fee. Or you may transfer your registration to this conference to a colleague.

No refunds will be given after May 1 or once the conference has begun or for "no-shows." Limited (based on available seating) on-site registration is available for an additional fee. Online registration is available at: <http://mhlc2016conference.eventbrite.com>

One registration form per person. Form may be copied. **Confirmation will be sent by email only**—please print clearly. Payment or voucher **MUST** accompany registration.

Make check payable to: Maternal Infant Services Network **Mail to:** MHLC Conference c/o MISN, 10 Little Britain Road, Suite 203, Newburgh, NY 12550

REGISTRATION AND PAYMENT (or voucher) MUST BE RECEIVED BY CLOSE OF BUSINESS ON April 25, 2016

MHLC 2016 Conference Registration

Please check appropriate box.

Registration **BEFORE** April 12 \$99 pp Registration **AFTER** April 12 \$125 Group registration (3 or more from the same agency at one time) \$75 pp (Please submit a registration for each person, all registrations and payment **MUST** be received at the same time)

WIC Peer Counselors/Full time Students \$75 (students must include proof of school enrollment)

Name _____ Credentials _____

Title _____

Affiliation _____

Address _____

Zip _____ State _____ Phone # _____

Email _____ Amount enclosed _____

Special dietary needs? _____